Pfizer **Benefits**

for each of life's moments

2024-2025 Healthy Pfizer Incentive Program

Powered by Personify Health (Formerly Virgin Pulse)





The Health Assessment and Know Your Numbers are important ways to understand your personal health — your strengths and any health problems or risk factors you may have. By tracking these year over year, you can understand how your health risks change. Plus, when you complete both of these activities, you'll be entered into a prize drawing to win a \$200 gift card!

Once you complete these activities, be sure to meet with your health care provider to review your results and get help addressing any health concerns or risks you may have.

For U.S. Based Colleagues: Ways to Complete Know Your Numbers

You have several options for getting preventive blood work for the Know Your Numbers activity. **Note: The deadline to complete this activity is July 31, 2025.**

Had Blood Work Done Recently? No worries! If you had preventive blood work (e.g., cholesterol, glucose) performed on or after May 1, 2024, you don't need to get another one. You can submit your official lab report with a completed Self-Submission Form. Get a Self-Submission Form at landing.personifyhealth.com/pfizer > Programs tab > Complete the Know Your Numbers Activity > Start Now > Self-Submission Form.

Where	Details	Website	Reporting
Onsite Screenings	These take place at certain Pfizer locations through November 20, 2024.	Find out if an event will be held at your location by visiting landing.personifyhealth.com/pfizer > Programs tab > Onsite Screening Events Scheduled.	Your test results are automatically submitted for you.
LabCorp Facilities Using a Pfizer-issued LabCorp Voucher	The Pfizer-issued LabCorp voucher is required; you will need to download it from the Personify Health website. You must complete your blood test by July 31, 2025.	Get a LabCorp voucher at landing.personifyhealth.com/pfizer ▶ Programs tab ▶ Complete the Know Your Numbers Activity ▶ Start Now ▶ LabCorp voucher.	Your test results are automatically submitted for you. Note: If you go to LabCorp or any other lab facility without using the Pfizer voucher, you must use a Self-Submission Form (see below row).
Personal Physician Using the Self-Submission Form (Use this method if you already had blood work done, including at a Pfizer Onsite Wellness Clinic, on or after May 1, 2024.)	To ensure results are received in time, schedule your appointment at least three weeks before the deadline of July 31, 2025. Take a copy of the Self-Submission Form with you.	Get a Self-Submission Form at landing.personifyhealth.com/pfizer ▶ Programs tab ▶ Complete the Know Your Numbers Activity ▶ Start Now ▶ Self-Submission Form.	You are responsible for submitting the completed form and blood test results by July 31, 2025; late submissions will not be accepted for any reason.
At Home by May 31, 2025 (State law prohibits at-home testing if you live in New York.)	Watch this video to learn about doing your own blood draw at home. Note: Your completed test kit must be returned within 24 hours of your blood draw. Collect your blood sample by June 15, 2025.	Request a kit by May 31, 2025 at landing.personifyhealth.com/pfizer ▶ Programs tab ▶ Complete the Know Your Numbers Activity ▶ Start Now ▶ Home Test Kit.	Your test results are automatically submitted for you.

Confirm Your Know Your Numbers (KYN) Submission

However you complete the Know Your Numbers (KYN) activity, you are responsible for ensuring your results are received and accepted by the July 31, 2025 deadline.

You should receive an email confirmation from Vitalogy, our biometrics partner, within 10 to 14 days of your KYN submission — whether your results were automatically submitted for you or self-submitted based on the Program rules. You can contact Vitalogy at **support@vitalogyinc.com** if you have questions.

When your KYN submission is received, Vitalogy notifies Personify Health that you've completed this activity. If you do not see the activity shown as completed at landing.personifyhealth.com/pfizer > Home tab > Select Rewards > Scroll down to Complete the Know Your Numbers Activity, contact Personify Health by phone at 1-888-437-3493 (option 1 for Rewards, Incentive Activities, or Technical Questions) or by email (pfizersupport@personifyhealth.com) as soon as possible, but no later than July 31, 2025. Representatives are available Monday through Friday from 8 a.m. to 9 p.m., ET.

For Puerto Rico Based Colleagues: Ways to Complete Know Your Numbers

You have several options for getting preventive blood work for the Know Your Numbers activity. **Note: The deadline to complete this activity is June 30, 2025.**

Had Blood Work Done Recently? No worries! If you had preventive blood work (e.g., cholesterol, glucose) performed on or after May 1, 2024, you don't need to get another one. You can submit your official lab report with a completed Self-Submission Form. Get a Self-Submission Form at landing.personifyhealth.com/pfizer > Programs tab > Complete the Know Your Numbers Activity > Start Now > Self-Submission Form.

Where	Details	Website	Reporting
Quest Diagnostics Facilities Using a Pfizer-issued Lab Voucher	The Pfizer-issued Quest Diagnostics Lab voucher is required; you will need to download it from the Personify Health website. You must complete your blood test by June 30, 2025.	Get a Quest Diagnostics Lab voucher at landing.personifyhealth.com/pfizer ▶ Programs tab ▶ Complete the Know Your Numbers Activity ▶ Start Now ▶ Lab voucher.	Your test results are automatically submitted for you.
			Note: If you go to a Quest Diagnostics or any other lab facility without using the Pfizer voucher, you must use a Self-Submission Form (see below).
Personal Physician Using the Self-Submission Form	To ensure results are received in time, schedule your appointment at least	Get a Self-Submission Form at landing.personifyhealth.com/pfizer	You are responsible for submitting the completed form and blood test results by
(Use this method if you already had blood work done on or after May 1, 2024.)	three weeks before the deadline of June 30, 2025. Take a copy of the Self-Submission Form with you.	▶ Programs tab ▶ Complete the Know Your Numbers Activity ▶ Start Now ▶ Self-Submission Form.	June 30, 2025; late submissions will not be accepted for any reason.

Confirm Your Know Your Numbers (KYN) Submission

However you complete the Know Your Numbers (KYN) activity, you are responsible for ensuring your results are received and accepted by the June 30, 2025 deadline.

You should receive an email confirmation from Personify Health within 10 to 14 days of your KYN submission — whether your results were automatically submitted for you or self-submitted based on the Program rules.

If you do not see the activity shown as completed at **landing.personifyhealth.com/pfizer** \(\mathcal{P}\) Home tab \(\mathcal{P}\) Select Rewards \(\mathcal{P}\) Scroll down to Complete the Know Your Numbers Activity, contact Personify Health by phone at **1-888-437-3493** (option 1 for Rewards, Incentive Activities, or Technical Questions) or by email (**pfizersupport@personifyhealth.com**) as soon as possible, but no later than June 30, 2025. Representatives are available Monday through Friday from 8 a.m. to 9 p.m., ET.



Had Blood Work Done Recently?

No worries! If you had preventive blood work (e.g., cholesterol, glucose) performed on or after **May 1, 2024**, you don't need to get another one. You can submit your official lab report with a completed Self-Submission Form. Get a Self-Submission Form at **landing.personifyhealth.com/pfizer** > Programs tab > Complete the Know Your Numbers Activity > Start Now > Self-Submission Form.





Your Health Is Your Business: Protecting Your Privacy

Your health information is just that ... yours. Our external wellness partners maintain and protect your personal health information. Your individual health results are never available to anyone at the company. The aggregate summary we receive helps us understand the health challenges faced by our colleagues, and helps us develop and provide appropriate programs, tools, and resources to support you and your health.

This document highlights key features of certain Pfizer benefits for eligible Pfizer U.S. and Puerto Rico colleagues not represented by a collective bargaining agreement. Benefits provided to active union-represented colleagues are subject to the terms of their collective bargaining agreements.

This document does not contain complete descriptions of the Healthy Pfizer Incentive Program. The information in this document is applicable to eligible colleagues only. For more information, please contact the Pfizer Colleague Service Center at **1-866-476-8723** or refer to the Pfizer Medical Plan Summary Plan Description, which is available on **netbenefits.com**.